down on your luck	at the drop of a hat
do smth on a whim	be born with a silver spoon in your mouth
cry over spilt milk	be on the same wavelength
couch potato	before your time
concrete jungle	below/under par
commuter belt	big mouth
ot a logge and	blot on the landscape
at a loose end	break even
a sight for sore eyes	break the mould
a sight for sore eyes a leopard can't change its spots	break the mould bury your head in the sand
a leopard can't change its spots	bury your head in the sand
a leopard can't change its spots a home from home	bury your head in the sand change your tune
a leopard can't change its spots a home from home a drop in the ocean	change your tune clean as a whistle
a leopard can't change its spots a home from home a drop in the ocean a stitch in time saves nine	change your tune clean as a whistle come clean (about smth)
a leopard can't change its spots a home from home a drop in the ocean a stitch in time saves nine a stone's throw (away/from)	change your tune clean as a whistle come clean (about smth) come rain or shine